

COVID-19 SAFETY PRECAUTIONS



We are washing hands between client visits



We are wearing face masks and also asking clients to wear face masks



We are spacing massages 30 minutes apart for cleaning and the settling of particles



Hand sanitizer will be made available daily



We are asking clients and staff screening questions and asking those with symptoms to shelter in place



A private room is available that allows for social distancing from physical therapy clients



With consent, rubbing alcohol will be used during massage therapy assessments



We will continue our reservation-only policy in accordance with Restore Illinois guidelines



The massage table cushion will no longer be used. The table's surface will be disinfected between appointments

Appointments: 630-964-4008

<https://befitpt.com/massage-therapy>

MASSAGE THERAPY REOPENING



Be Fit!
Physical Therapy & Pilates